

## HOW DO YOU WANT YOUR LIFE TO BE?

Take this opportunity to write about how you really want your life to be. Using each segment of the Wheel of Life, what would a "10" look like? Be as specific as you can be.

1. Career (work, school)
2. Money
3. Health (physical, emotional, spiritual)
4. Friends and Family/Community
5. Significant Other/Romance
6. Personal Growth
7. Fun and Recreation
8. Physical environment (home, car, clothes, material possessions)